

# January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>"We cannot direct the wind, but we can adjust the sails."</b> -Bertha Calloway</p>			<p><b>Birthstone: Garnet</b> <b>Flower: Carnation</b> <b>Color: Black</b></p>		<p><b>1</b> 9:30-10:00 Yoga 10:00-10:30 Music with Glenn Coleman 11:00-11:30 In the News 2:00-3:00 Happy New Year's Party 3:00-4:00 Let's Deal</p>	<p><b>2</b> 10:00-11:00 Movie Time 2:00-3:00 Afternoon Movie</p>
<p><b>3</b> 9:30-10:30 Worship with Rev. Victor Thomas 2:00-3:00 Worship with Rev. John Troncole</p>	<p><b>4</b> 9:45-10:45 Calvary Chapel 11:00-11:30 Limber Up 2:00-3:00 Second Wind 3:00-3:30 In the News 6:00-7:00 Danny Gunter</p>	<p><b>5</b> 10:00-10:30 In the News 10:30-11:00 Limber Up 11:00-11:30 Bingo 2:00-3:00 Pet Therapy 2:00-3:00 Ann Arrington</p>	<p><b>6</b> 9:30-10:00 Limber Up 10:00-10:30 Words of Wisdom 10:30-11:00 In the News 2:00-3:00 Person, Place Or Thing</p>	<p><b>7</b> 9:30-10:00 Yoga 10:00-10:30 January Birthdays 10:30-11:00 In the News 2:00-3:00 Music with Walt and Betty</p>	<p><b>8</b> 9:30-10:00 In the News 10:00-10:30 Yoga 10:30-11:30 Humor Page 2:00-3:00 Pet Therapy 3:00-4:00 Room Visits</p>	<p><b>9</b> 10:00-11:00 Movie Time 2:00-3:00 Afternoon Movie</p>
<p><b>10</b> 9:30-10:30 Worship with Rev. Victor Thomas 2:00-3:00 Worship with Rev. John Troncole</p>	<p><b>11</b> 9:45-10:45 Calvary Chapel 11:00-11:30 Limber Up 2:00-3:00 Resident Council 3:00-3:30 Remember the Grimm Brothers</p>	<p><b>12</b> 10:00-10:30 Limber Up 10:30-11:30 Bingo 2:00-3:00 Pet Therapy 2:00-3:00 The Price is Right</p>	<p><b>13</b> 9:30-10:00 Limber Up 10:00-10:30 In the News 10:30-11:00 Breakfast Food 2:00-3:00 Bulletin Board Trivia</p>	<p><b>14</b> 9:30-10:00 In the News 10:00-10:30 Yoga 10:30-11:00 Toast of the New Year 2:00-3:00 Music with Walt and Betty</p>	<p><b>15</b> 9:30-10:00 Yoga 10:00-10:30 In the News 10:30-11:00 Musings 2:00-3:00 Pet Therapy 3:00-4:00 Happy Hour</p>	<p><b>16</b> 10:00-11:00 Movie Time 2:00-3:00 Afternoon Movie</p>
<p><b>17</b> 9:30-10:30 Worship with Rev. Victor Thomas 2:00-3:00 Worship with Norwood Baptist</p>	<p><b>18</b> 9:45-10:45 Calvary Chapel 11:00-11:30 Limber Up 2:00-3:00 Music with Gary Witt 3:00-4:00 Room Visits</p>	<p><b>19</b> 10:00-10:30 In the News 10:30-11:30 Bingo 2:00-3:00 January Birthdays 2:00-3:00 Pet Therapy</p>	<p><b>20</b> 9:30-10:00 Limber Up 10:00-10:30 In the News 10:30-11:00 Popeye Trivia 2:00-3:00 Tea Trivia 3:00-4:00 January Art</p>	<p><b>21</b> 9:30-10:00 Yoga 10:00-10:30 In the News 10:30-11:00 New Year's Resolutions 2:00-3:00 Music with Walt and Betty</p>	<p><b>22</b> 9:30-10:00 In the News 10:00-10:30 Yoga 10:30-11:00 Bob Marley 2:00-3:00 Pet Therapy 3:00-4:00 Bowling</p>	<p><b>23</b> 10:00-11:00 Movie Time 2:00-3:00 Afternoon Movie</p>
<p><b>24</b> 9:30-10:30 Worship with Rev. Victor Thomas 2:00-3:00 Worship with Norwood Baptist</p>	<p><b>25</b> 9:45-10:45 Calvary Chapel 11:00-11:30 Limber Up 2:00-3:00 It Was the Year...1954 3:00-4:00 Room Visits</p>	<p><b>26</b> 9:00-10:00 Coffee Club 10:00-10:30 Limber Up 10:30-11:00 In the News 11:00-11:30 Hangman 2:00-3:00 Bingo</p>	<p><b>27</b> 9:30-10:00 In the News 10:00-10:30 Limber Up 10:30-11:00 January Quotes 2:00-3:00 Trivia Plus 3:00-4:00 Room Visits</p>	<p><b>28</b> 9:30-10:00 Yoga 10:00-10:30 In the News 10:30-11:00 2010 Dates 2:00-3:00 Reminiscent Corner 3:00-4:00 Kick the Can</p>	<p><b>29</b> 9:30-10:00 In the News 10:00-10:30 Limber Up 10:30-11:30 Bingo 2:00-3:00 Craft Project</p>	<p><b>30</b> 10:00-11:00 Movie Time 2:00-3:00 Afternoon Movie</p>
<p><b>31</b> 9:30-10:30 Worship with Rev. Victor Thomas 2:00-3:00 Worship with Norwood Baptist</p>			<p>All Activities are Subject to Change</p>			

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